

Fact Sheet

Important information that gets to the heart of all your air conditioning requirements



Covid-19 And Ventilation In Your Workplace

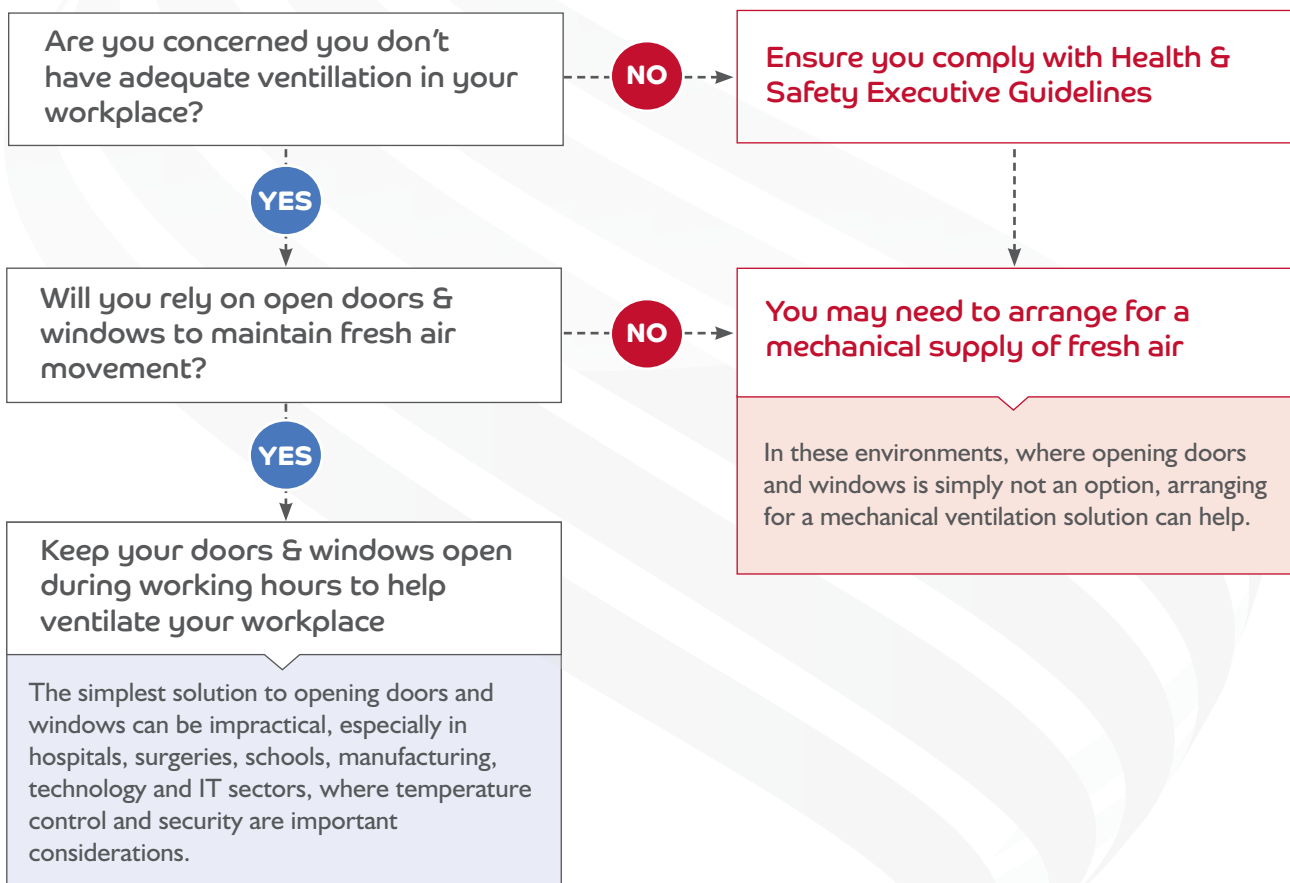
The importance of good air quality, adequate ventilation and a vital flow of clean fresh air where we live and work has never been as important as it is following the impact of Covid-19.

It is common knowledge that fresh air combined with air movement, can contribute towards a safer working environment by helping prevent the spread of common viruses and airborne pollutants.

With people spending more time indoors during the pandemic, it is also worth remembering that Government Building Regulations have long stated, we all should have a supply of at least 10 litres of fresh air every second.

The [UK Health & Safety Executive](#) have published guidance on the importance of ensuring there is good ventilation in the workplace during the Coronavirus outbreak. [Click here to read more](#)

Do You Have Adequate Ventilation?



Mechanical ventilation provides your workspace with the necessary fresh air and movement, recovering the heat within your air supply can also maintain a comfortable temperature to help provide a safer and more balanced working environment.

For further **advice on your ventilation** requirements, or to arrange a **free survey of your premises**, please email info@sphereTech.co.uk or call **01327 810 510**.

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